THIS MORNING IS COMMUNION SUNDAY

What is Communion?

"Do this in remembrance of me" (Luke 22:19) Communion (the Lord's Supper) visibly expresses the Gospel: how Christ's body and blood were given for us. When we take the bread and the cup, we remember Jesus' sacrifice for us. This ordinance has been done by Christians from the very beginning of the church.

How do we do this?

Before the service begins, please pick up a communion kit from the baskets at the entry tables. Each kit contains the bread and the cup (juice, not alcohol), and gluten-free options are available.
After a brief explanation, we will reflect and pray, read the Scriptures on communion, and then take it together - first the bread, then the cup. Used kits can be discarded after the service.

Who should take communion?

Communion is a beautiful celebration for those who trust in the Lord Jesus, regardless if you are a member here. If you are not someone who trusts in Jesus, simply use the time to reflect. We are glad you are here and hope that, in time, you will trust in Christ.

If you are a believer, but are holding on to unconfessed or unrepented sin in your life or are in divisive conflict with a fellow believer, use the time to ask for transformation in your heart so that you are not taking the communion in an "unworthy manner" (1 Corinthians 11:27). However, if you are broken over your sin and looking to God's grace, then the Lord's Supper is for you.

2026 HARVEST OFFERING
SCAN TO GIVE

ANKENY FREE CHURCH

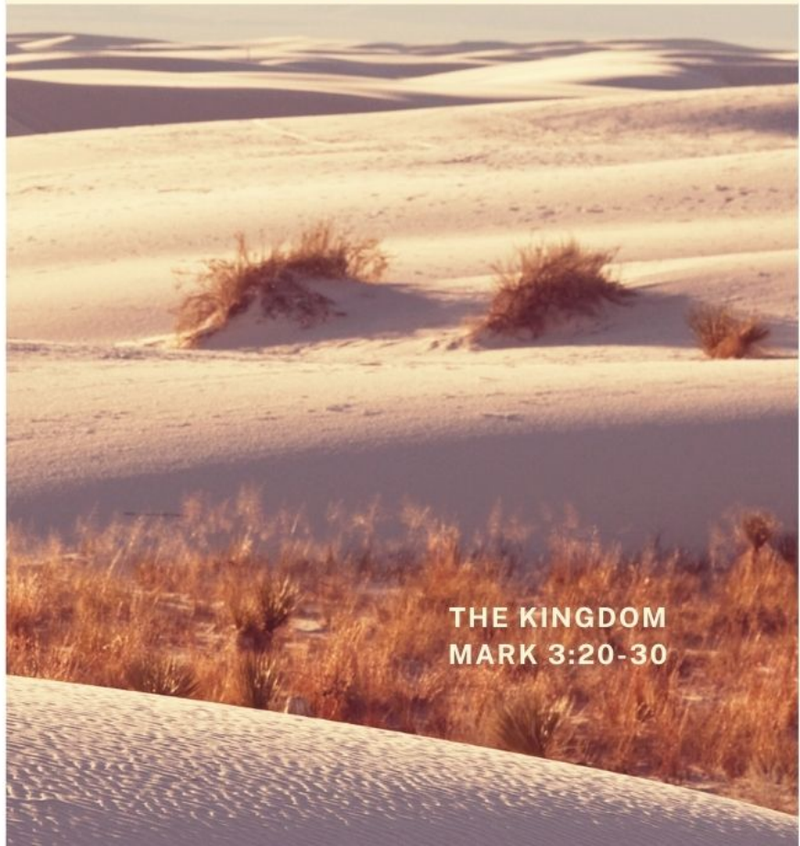
office@ankenyfree.church
Ankenyfree.church

November 1, 2026

THE GOSPEL OF

MARK

KNOWING THE SON OF GOD



ANKENY FREE CHURCH

HARVEST OFFERING 2026

Harvest Offering giving is now open! Help us reach our $120,000 goal: $12,000 for AgriHope and Williams Yindi's ministry in Tanzania and $108,000 for facility and technology improvements at Ankeny Free Church. **Please pray and give** as you're able to help advance the Gospel locally and globally.

Go to ankenyfree.churchcenter.com/giving
Select Harvest Offering to give today!

CRISIS RESPONSE MINISTRY LUNCH

Sunday, November 15 | 11:30AM

Join us for lunch to learn how Ankeny Free Church cares for people in crisis. Kelly Quinn, our Crisis Response Ministry Coordinator, will share practical ways to respond to needs and support those facing difficult circumstances. **Ministry leaders are especially encouraged to attend.**

Register: AnkenyEvents.Church

LIVEWIRE 2.0: CELEBRATING LIFE CHANGE

LIVEWIRE 2.0 was an incredible night, with **more than 55 middle school students** enjoying games, a giant Nerf challenge, great food, and time with friends. Most importantly, students heard the Gospel, and **more than a dozen made decisions to follow Jesus.** We are grateful for the opportunity to invest in the next generation and celebrate the life change God is bringing in their lives.

The Gospel of Mark

The Kingdom
Mark 3:20-30

Which kingdom do you belong to?

Something for us:

Todd Hessel November 1, 2026 Todd@ankenyfree.church

Tear here

CONNECT CARD

We'd love to get to know you and help you get connected. Please take a moment to fill out this connect card and drop it in one of the boxes at the back of the Worship Center as you leave.

Name:

Email:

Phone:

- [ ] I am new to Ankeny Free Church
- [ ] Add me to the church weekly email update.

HOW CAN WE PRAY FOR YOU?

- [ ] Confidential (Elders Only)
- [ ] I would like someone to follow up with me.

ATTEND A NEXT STEP CLASS

- [ ] I would like to learn about getting connected with Ankeny Free Church by attending a "Next Step" Class.

Ankenyfree.church/connect